

DesignEx Seminar — Feeling Good to Feeling WELL

Content:

Historically, there have been various ways to measure how an interior space “works.” The metric may be sq. ft./person or cost/sq. ft. Such determinants have a rightful place among the principles of design, but it is possible to reconcile economic necessities with design that is intelligent, interesting, and human-centered. This session, presented by [Teknion](#), outlines how the essential components of design intersect with the principle components of the [WELL Building Standard](#) to create spaces that promote psychological well-being, resulting in more engaged, inspired, and empowered workers who exhibit a higher level of creativity and innovation.

This seminar accounts for 1 IDCEC hour.

Presenter:

Ashley Warboys

Manager, Workplace Design at Teknion



Since 2006, after graduating from the Interior Design program at Humber College, Ashley has been working in the design community with a specific focus on the contract furniture industry. She joined Teknion in 2013 as an A&D Market Manager, working with design firms to create functional and effective workspaces for customers across North America. With a passion for health and wellness, Ashley has been a leader in Teknion’s ‘Ethonomics’ sessions, educating our customers on the key ingredients that contribute to workplace happiness and has since also become a WELL Accredited Professional. After leveraging her skills as a Product Application Specialist, Ashley is now the Manager of Workplace Design supporting our Global Markets. Her primary focus is to create optimal furniture solutions from our diverse range of product offerings in collaboration with the design community and our clients, combining her relationship development skills with her extensive product knowledge and enthusiasm for helping customers.