

Theo West-Parks, Principal/Creative Director at Westparks + Associates Inc.



Theo has over 25 years of experience in the industry, providing full interior design and project management to a broad range of corporate, commercial and healthcare clients in the province.

Theo was awarded ARIDO Fellowship in 2017. She is a Past President of ARIDO and ARIDO/GTA, receiving two President Citations from the Association for her contribution to the profession of design. A registered member of IDC, Theo strongly believes in the interior design profession and its continued efforts to obtain self-regulation status under the umbrella of the Architects Act.

Her demonstrated ability to conceive and execute effective design projects and her well-developed presentation skills, program management, and team building have earned her recognition both from her peers and respected clients.

Theo is also the recipient of the 2009 ARIDO Award for Cara Operations, Head Office; the International Recipient of "Design Is" 2010 Award; Shaw Carpets – Cara Operations, Head Office; and the ARIDO Award for Grey Bruce Regional Health Centre.